



Region 7 Education Service Center, Kilgore, Texas 75662

Medical Check-Up Information



Dear Parents,

Thank you for making a well child physical appointment for your child.

Head Start wants you to understand what is necessary as a part of your child's medical checkup. Head Start requires that every child has at least an annual physical exam which must include the following:

- ✓ Physical exam including height and weight measurement
- ✓ Blood pressure check, for ages 3 and over
- ✓ Blood test for hemoglobin level (test for low iron)
- ✓ Blood test for lead level (Head Start requirement)
- ✓ Hearing and eye check
- ✓ Checking for a good diet
- ✓ Immunizations, if needed
- ✓ TB skin test, if needed
- ✓ Advice on safety issues

It is very important for you to ask your child's doctor to do these tests. Be sure to bring a copy of the check-up form to the Head Start office at your child's school after the visit.

Thank you for your help. Please let us know if you have any questions.



Region 7 Education Service Center is committed to student success by providing quality programs and services that meet or exceed our customers' expectations.