

Moving into Kindergarten



What do kindergarten teachers expect children to know at the beginning of the school year?

How to :

- ◆ Stay seated in a group setting;
- ◆ Listen to others and raise their hand to talk or ask questions;
- ◆ Handle materials respectfully and put them away when instructed;
- ◆ Complete a task;
- ◆ Follow directions and stay safe by obeying classroom rules;
- ◆ and asking for help when they need it.



Try to attend an Open House or Meet the Teacher event before school begins.

What should your child be able to do before going to Kindergarten?

- ◆ Retell a story.
- ◆ Name 20 upper and 20 lower case letters.
- ◆ Recognize at least 20 letter sounds.
- ◆ Write own name.
- ◆ Count to 30.
- ◆ Add or subtract up to 5 concrete objects.

What can you do to help your child get ready for kindergarten?

- ⇒ Read with your child every day.
- ⇒ Provide crayons, pencils for drawing and scissors for cutting.
- ⇒ Play math games such as counting, comparing how much you have or measuring while cooking.
- ⇒ Provide toys, games and household objects that encourage play and small muscle skills.
- ⇒ Give your child opportunities to make their own decisions and smart choices.
- ⇒ Teach acceptable ways to disagree.
- ⇒ Talk to your child about your family, your culture and your values.
- ⇒ Make sure your child gets a full 8 hours sleep, eats healthy meals, and receives plenty of exercise.

Additional Resources for Parents

- ⇒ *Kindergarten Rocks* by Katie Davis
- ⇒ *Countdown to Kindergarten* by Alison McGhee
- ⇒ Go to www.readyfreddy.org for family information.



We Wish you well! Remember to continue supporting your child by being involved in school and classroom activities.